

## Who's Who at Overlake

Executive Director - Soher Bishai, MD

Business Office Manager -  
Jenna Shreyngart

Health Services Director -  
Helga Johnson, RN

Assisted Living Coordinator -  
Marina Kalashnikova

Kingswood Manager - Lana Markosova

Community Relations -  
Barbara Boswell, Director  
Margo Milandin

Activity Director - Cheryl Hamilton

Food Service Director - Elio Ricciardi

Maintenance Manager - Jun Hizon

Personal Preferences Coordinator -  
David Standring

## May's Activities At A Glance

**May 1st** - May Day Social 2:30 pm

**May 2nd** - Mom's Collections of Treasures 11:00 am

**May 5th** - Cinco De Mayo

**Bus trip** - El Mexican Food 11:00 am

**May 6th** - Royal Pampering for Mom 11:00 - 1:30 pm

**May 7th** - Alki Beach Drive 1:30 pm

**May 8th** - Thrift Store trip 12:30 pm

**May 9th** - Mother's Day Brunch 10:30 - 1:30

Music with Ariel Thomas

**May 11th** - St. Louise Luncheon 11:15 am

St Luke's Choir 2:30 pm

**May 12th** - Bus trip to Emerald Downs 10:00 am

Old Time Fiddlers 1:30 pm

**May 13th** - Sing Along w/Pat 2:00 pm

**May 14th** - Bus Trip - Picnic, Kenmore & Rodie Garden 11:00 am

**May 15th** - International Students Visits 10:00 am

World Tour—High Tea 1:30 pm

**May 18th** - Big Band Dance 1:30 pm

**May 19th** - Organ Concert at Redmond Senior Ctr. 1:15 pm

**May 20th** - Redmond Senior Chorus 2:00 pm

**May 21st** - May Valley Road Drive 1:30 pm

**May 22nd** - Village Theatre 1:00 pm

**May 23rd** - Old Time Favorites Concert w/Pat 2:00 pm

**May 26th** - Bus Trip - British Pantry 11:00 am

**May 27th** - Music with Larissa 1:30 pm

**May 28th** - Redmond Senior Center Dance 1:30 pm

**May 31st** - Memorial Day Tribute 1:30 pm

May Newsletter, 2010

# The Overlake Terrace View

2956 152nd Avenue NE, Redmond, WA 98052

425-883-0495

www.overlaketerrace.com

*Mirror, Mirror on the Wall, I am my Mother after all!*



Have you ever heard that phrase? Sometimes it is used in a humorous way and we laugh about how much we are like our mothers. Whether we are making jokes and being funny or whether we are being serious it is a fact that our mother's play an important role in our lives, shaping who we become. Chances are you are very much like your mother in a lot of ways. Whether you are a son or a daughter your mother's influence helped you become who you are today. For daughter's that influence is seen in the way they dress, wear their make-up or in what kind of mother they become. For sons, the influence of their mother is seen in how they relate to other women, and to the kind of Father's they become.

Mother's Day is a time to not only celebrate motherhood but it is also a time to reflect and to think about our mother's and what they mean to us. From all of us at Overlake Terrace we would like to wish every Mother a Happy Mother's Day. We will be celebrating our Mother's all month with various activities. Please check the calendar for dates and times.

## OVERLAKE TERRACE

2956 - 152nd Avenue NE  
Redmond, WA 98052

Help us conserve our natural resources. Our newsletter can be viewed on our website:

[www.overlaketerraceseniorliving.com](http://www.overlaketerraceseniorliving.com)

If you do not wish to continue to receive the Overlake Terrace View, please call the front desk

## Welcome Corner!

We are  
**Rolling Out the**



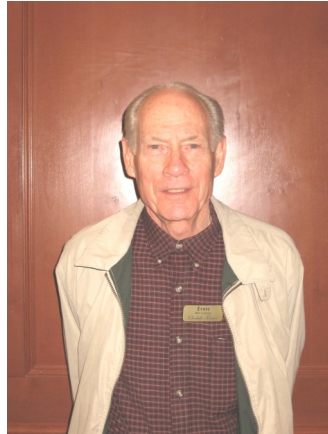
**Welcome Mat**

## Welcome to our newest residents!

Bernice Casey  
Paula Manion  
Victor Piha  
Willie Neal  
Art Brisson  
Betty Brisson  
Elizabeth Johnson  
Jack Bulger  
Leona Bulger

## Overlake Terrace Employees of the Month

### Ernie Ingalls



Ernie has worked at Overlake Terrace for two years as Bell Captain. Ernie enjoys his job and loves working with people. He transports our residents to doctor appointments and on outings. He takes pride in getting everyone to the right place at the right time.

### Mose Navarrete - "Jose"



Jose has worked at Overlake Terrace for 1 1/2 years as a line cook. He likes to prepare food with attention to flavor and presentation. Jose enjoys interacting with his co-workers and residents. In his spare time he enjoys reading and playing the guitar. One thing you may notice about Jose is his great smile. Jose is originally from Yucatan.

## What's Happening in Assisted Living?

We will be celebrating Mother's Day by taking a nostalgic look at our Moms through her priceless collections and her personal stories during the month of May. Come reminisce with delight and join us for the following royal events.

Join us in the Library on Sunday, May 2nd at 11:00 am as we will be displaying our resident's personal collections.



Thursday May 6th at 1:30 pm  
Join us in the activity room for some special royal pampering featuring; facials, hand & foot massages and manicures.

Join us for Mother's Day Brunch on Sunday, May 9th ~ 10:30- 1:30 pm  
"Queen for a Day"  
Please RSVP at the front desk.

Keep the royal treatment going by joining one of our many World Tour programs as we travel through England via history, reminiscing, music, art, a movie and a bus trip for high tea.

### BACK BY POPULAR DEMAND!

The Overlake Singers will begin rehearsals starting Tuesday, May 4th at 11:30 am. If you enjoy singing we invite you to join us. We will rehearse every other Tuesday in the theatre, and present our Patriotic Concert on July 5th.



### DANCE TO THE SOUNDS OF THE BIG BAND ERA!

Like to dance?  
Like the music of Benny Goodman and Duke Ellington?  
Then join us on May 18th at 1:30 pm in the activities room.  
Kick up those heels and swing to the music of the big bands.



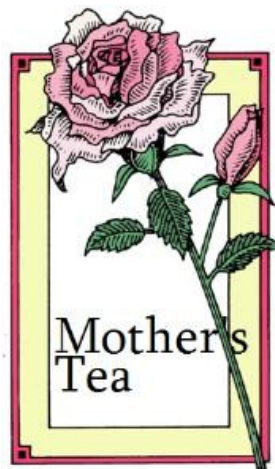
*Dance to the music of the Big Bands*

Annie Hutchinson would like to thank all the residents and staff who helped her exceed her goal in the MS Walk

## What's Happening In Kingswood?



April was a busy month in Kingswood. Resident's enjoyed going out to St. Louise Luncheon, playing bingo and having a sing-along with Pat.



In May we will be Honoring our Mother's with a Mother's Tea on May 8th at 2:00 pm

